

Old Lahaina Luau - Buffet Ingredients List

updated 08/01/2016

Tossed Greens		
Red Leaf Lettuce	Maui Onion Dressing	Dijon Mustard
Mesclun Greens	Fresh Maui Onions	Mustard Seed
Red Cabbage	Salt	White Line 7%
Carrots	Black Pepper, Ground	Vinegar
Cucumbers	Sugar	Mustard Spices
Tomato	Canola Oil	Citric Acid
	Apple Cider Vinegar	Tartaric Acid
	Made from Juice of Apples	Salt
	Diluted with water to a uniform pickling and table strength of 4%	Sugar
	(40 grain) Acidity	
Kalo Croutons ~ Taro Croutons		
Taro Roll	Flax Seeds	Soy Lecithin
Butter	Butter	
Honey	Whey Solids	
Water	Salt	
Sesame seeds		
Palaoa ~ Sweet Soft Roll		
folic acid	Egg Yolks	
Bread flour	Water	Unsalted Butter:
Unbleached hard wheat flour	Milk	Pasteurized Cream
malted barley	Yeast	Natural Flavors
niacin	Granulated Sugar	
thiamin mononitrate	Honey	
riboflavin	Salt	
folic acid	Egg Yolks	
Pohole Salad ~ Fern Shoot		
Pohole Fern (Fiddlehead)	Pure Sesame seed Oil:	Caramel Color
Tomato	Toasted Sesame Seeds	Sodium Benzoate
Round Onions	Aloha Soy Sauce:	Sodium
Ginger	Water	Wheat Gluten
	Salt	Soybean
Poke 'Ahi ~ Tuna		
Ahi Poke	Caramel Color	Carmel Coloring
Fresh Ahi	Sodium Benzoate	Sodium Benzoate
Aloha Soy Sauce:	Kikkoman Soy Sauce:	Hawaiian Salt:
Water	Water	Medium Solar Salt Kiln Dried
Wheat Gluten	Wheat Gluten	Ogo (seaweed)
Lomi Lomi Salmon		
Tomato	Salmon:	Water
Round Onions	Premium Salmon	
Green Onions	Salt	
Poke He'e ~ Octopus		
Pure Sesame Seed Oil	Tomatoes	Caramel Color
Toasted Sesame Seeds	Cucumbers	Sodium Benzoate
White Sesame Seeds	Aloha Soy Sauce:	Sodium
Green Onions	Water	Wheat Gluten
Tako (Octopus)	Salt	Soybean
Island Crab Salad		
Shrimp	Sorbitol Modified Food Starch	Soybean Oil
Petite Peas	Salt	Whole Eggs
Water Chestnuts	Soy Bean Oil	Egg Yolks
Tarragon	Snow Crab	Water
Black Pepper	Natural and Artificial Flavors	Vinegar
Imitation Crab:	Sodium	Salt
Fish Protein	Triphosphosphate Phosphate	Sugar
Pollack	Mirin Wine	Lemon Juice
Cod	Paprika	Calcium Disodium Edta
Wheat Starch and Gluten	Mayonnaise:	Natural Flavors
Fresh Island Fruits		
Pineapples	Seasonal Fruits (Mangos)	Kiwi
Watermelon	Strawberries	Oranges
Papaya	Fresh Mango	
Palaoa Mai'a ~ Banana Bread		
Granulated Sugar	Eggs Liquid	AP Flour
Salt	Baking Powder	Brown Sugar
Baking Soda	Canola Oil	Butter Prints

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Local-Style Fried Rice		
Rice	Liquid Eggs:	Yamasa Soy Sauce:
Peas	Whole Eggs	Maui Onion Dressing
Carrots	Citric Acid	Wheat
Soy Bean Oil		Soybeans
Black Pepper		Sea Salt
		Sodium Benzoate
Uala ~ Sweet Potato		
Sweet Potato	Coconut Milk:	White Sugar
Toasted Coconut Flakes:	Coconut Extract	
Dehydrated Coconut	Water	
Sodium Metabisulfite	Citric Acid	
	Sodium Metabisulfite	
Taro, Sweet Potato, and Tofu Cake		
Taro & Sweet Potato, Tofu Patties:	Quaker Oats:	Garlic Chili Vinaigrette:
Taro Root	Whole Grain Rolled Oats	White Distilled Vinegar:
Sweet Potato	Turmeric	Sun-Ripened Grain
Tofu:	Fresh Cilantro	Water
Water		Sugar
Soybeans	Pineapple Salsa:	Cilantro
Calcium Sulfate	Pineapple	Chili
White Onions	Red Bell Pepper	Salt
Red Bell Peppers	Fresh Lime Juice	Garlic
Fresh Shiitake Mushrooms	White Onions	Potassium Sorbate
Fresh Garlic	Green Onions	Sodium Bisulfite
Fresh Ginger	Salt	Xanthan Gum
	Black Pepper	Sulphite
Stir Fry Veggies		
Yellow Squash	Green Beans	Baby Carrots
Zucchini	Round Onion	Parsley Flakes
Broccoli	Red Bell Pepper	
Chicken Long Rice		
Long Rice (Rice Bean)	Chicken Base:	Potassium chloride
Potato Starch	Roasted and Cooked Chicken Meat	Maltodextrin
Water	Salt	Natural Flavors
Chicken	Sugar	Concentrated Chicken Broth
Ginger	Hydrolyzed Corn and Wheat Gluten	Disodium Inosinate
Bay Leaf	Disodium Guanylate	Disodium Guanylate
Green Onions	Soy Protein	Turmeric
Round Onions	Autolyzed Yeast Extract	
Lu'au Kalo ~ Taro Salad		
Taro	Coconut Milk:	Citric Acid
Taro Leaf	Coconut Extract	Sodium Metabisulfite
Granulated Sugar	Water	
Moa ~ Island Style Chicken		
Chicken	Oyster Sauce:	Citric Acid
Pineapples	Water	Ketchup:
Green Onions	Sugar	Tomato Concentrate From Ripe Tomato
Aloha Soy Sauce:	Salt	Distilled Vinegar
Water	Oyster Extractives	High Fructose Corn Syrup
Wheat Gluten	Cornstarch	Corn Syrup
Soybean	Modified Hydrolyzed	Salt
Salt	Soy Protein	Spice
Caramel Color	Color Caramel	Natural Flavoring
Sodium Benzoate	E150	Onion Powder
Sodium	Salt:	Chinese Five Spice:
White Sugar	Dextrose	Cinnamon
Guava Concentrate:	Potassium	Cloves
Guava	Iodide 0.006	Fennel
Water	Sodium	Star Anise
Sugar	Bicarbonate of Soda	Szechuan Peppercorns
Citric Acid	Minced Garlic:	Roasted Sesame Seeds
Vitamin C	Soy Bean Oil	Black Pepper
Artificial Coloring	Olive Oil	
Pipi Ko'ala ~ Grilled Beef Steak		
Hawaiian Salt	Aloha Soy Sauce:	Caramel Color
Black Pepper	Water	Sodium Benzoate
Teriyaki Glaze:	Wheat Gluten	Corn Starch
White Sugar	Soybean	Garlic
Brown Sugar	Salt	Ginger

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I'a ~ Maui Style Catch		
Mahi Mahi	Panko	Unsalted Butter:
	Japanese-Style Gourmet Bread Crumbs	Pasteurized Cream
Aloha Soy Sauce:	Flour: All Purpose Flour, Enriched Flour Bleached	Natural Flavors
Fresh Garlic	Bleached Wheat Flour, Enzyme For Improved	Green Onions
Vegetable oil	Baking, Niacin, Iron, Thiamin Mononitrate,	Red Bell Peppers
Half and Half	Riboflavin, Folic Acid.	Corn Starch
Contains less than 1% of each of the following:	Macadamia Nuts	Parsley Flakes
Sodium Citrate and Sodium Phosphate	Water	Fresh Lemon Zest
Contains Milk.	Wheat	Corn Starch
	Sea Salt	Garlic
	Sodium Benzoate	Ginger
Kalua Pua'a ~ Imu Roasted Pork		
Pork	thiamin mononitrate	Medium Solar Salt Kiln Dried
Hawaiian Salt:	riboflavin	
niacin	folic acid	
Lau Lau ~ Lu'au Leaf Wrapped Pork		
Pork	niacin	folic acid
Taro Leaf	thiamin mononitrate	Medium Solar Salt Kiln Dried
Hawaiian Salt:	riboflavin	
Poi		
Taro	Water	
Guava Honey Butter		
Guava Concentrate:	Citric Acid	Unsalted Butter:
Guava	Vitamin C	Pasteurized Cream
Water	Artificial Coloring	Natural Flavors
Sugar	Honey	
Taro & Sweet Potato, Chips		
Taro & Sweet Potato chips	Canola Frying oil:	
Taro root	Cottanseed oil	
Sweet potatoes	Canola oil	
Salt	TBHQ(perservative)	
	Methyl Silicone	

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<i>Haupia</i>		
Coconut Milk	Cornstarch	Water
White Sugar		
<i>Passion Fruit Cake with Streusel</i>		
Butter	Baking Powder	Sour Cream
Sugar	Baking Soda	Turbinado Sugar
All Purpose Flour	Vanilla Extract	Salt
Eggs	Passion Fruit Puree:	Powdered Sugar
	Passion Fruit	
	Water	
<i>Upcountry Lavender Lemon Shortbread Cookies</i>		
Butter	Vanilla Extract	Lemon Zest
Powdered Sugar	Salt	Lemon Juice
All Purpose Flour	Lavender Flowers	
<i>Hawaiian Chocolate Chili Pepper Brownie</i>		
All Purpose Flour	Sugar	60% Hawaiian Chocolate
Vanilla Extract	Butter	Hawaiian Chili Pepper
Eggs	Black Lava Sea Salt	Cayenne Pepper
Cocoa Powder	58% Chocolate	
<i>Banana Bread - "Makana (Gift)"</i>		
Granulated Sugar	Eggs Liquid	Topping:
Salt	Baking Powder	Old Fashion Oats
Baking Soda	Canola Oil	Nutmeg
Bananas	Vanilla Extract	Cinnamon
AP Flour	Butter Prints	Turbinado Sugar (Hawaiian Raw Sugar)
Brown Sugar		

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Guava		
High Fructose Corn Syrup	Pasteurized Guava Concentrate	Filtered Water
Glyceryl Abietate	Glyceryl Abietate	Natural and Artificial Flavor
Red 40	Ascorbic Acid	Xanthan Gum
Sodium Metabisulfite as preservatives	Potassium Sorbate	Sodium Benzoate
Passion Orange Guava		
High Fructose Corn Syrup	Filtered Water	Pasteurized Guava Concentrate
Pasteurized Orange Juice Concentrate	Pasteurized Passion Fruit Concentrate	Citric Acid
Glyceryl Abietate	Natural Flavor	Ascorbic Acid
Xanthan Gum	Sodium Benzoate	Potassium Sorbate
Sodium Metabisulfite as preservatives	Saccharin	Red 40
Orange		
Pasteurized Orange Juice Concentrate	Pasteurized White Grape Concentrate	Filtered Water
Citric Acid	Sodium Benzoate	Potassium Sorbate
Sodium Metabisulfite as preservatives	Ascorbic Acid	Glycerol Abietate
Natural and Artificial Flavors	Artificial Colors	
Lemonade		
High Fructose Corn Syrup	Filtered Water	Citric Acid
Natural and Artificial Flavors	Glycerol Abietate	Sodium Benzoate as a preservative
Artificial Color		
Coca-Cola Classic		
High Fructose Corn Syrup	Water	Caramel Color
Phosphoric Acid	Natural Flavor	Caffeine
Diet Coke		
Water	High Fructose Corn Syrup	Phosphoric Acid
Sodium Saccharin	Natural Flavor	Citric Acid
Potassium Benzoate & Potassium Sorbate	Caffeine	Aspartame
Dimethylpolysiloxane		
Nestea Unsweetened Iced Tea		
Water	Natural and Artificial Flavors	Natural Tea Concentrate from Tea leaves
Sodium Benzoate & Potassium Sorbate	Phosphoric Acid	
Powerade Mountain Blast		
Water	High Fructose Corn Syrup	Citric Acid
Natural Flavors	Salt	Potassium Citrate
Potassium Benzoate & Potassium Sorbate	Modified Food Starch	Coconut Oil
Potassium Phosphate	Sucrose Acetate Isobutyrate	Niacinamide
Blue 1	Pyridoxine Hydrochloride (B6)	
Seagram's Tonic Water		
Water	High Fructose Corn Syrup	Citric Acid
Quinine and Natural Flavors	Sodium Benzoate	
Sprite		
High Fructose Corn Syrup	Water	Citric Acid
Natural Flavors	Sodium Citrate	Sodium Benzoate
Dimethylpolysiloxane		
Mai Tai		
High Fructose Corn Syrup	Filtered Water	Natural and Artificial Flavors
Citric Acid	Sodium Benzoate	Sodium Saccharin
Glycerol Abietate	FD&C Yellow #5	Sodium Metabisulfite as preservatives
Pineapple		
Pasteurized Pineapple Juice Concentrate	High Fructose Corn Syrup	Filtered Water
Citric Acid	Ascorbic Acid (Vitamin C)	Sodium Benzoate
Potassium Sorbate	Xanthan Gum	Natural and Artificial Flavors
Sodium Metabisulfite as preservatives		
Pina Colada		
High Fructose Corn Syrup	Pasteurized Pineapple Juice Concentrate	Filtered Water
Natural and Artificial Flavors	Propylene Glyco	Xanthan Gum
Sodium Benzoate	Titanium Dioxide	Sodium Benzoate
Potassium Sorbate	Sodium Metabisulfite as preservatives	
Strawberry		
Pasteurized Strawberry Puree	High Fructose Corn Syrup	Filtered Water
Citric Acid	HVF and Xanthan Gum	Benzoate of Soda
Potassium Sorbate	Sodium Metabisulfite as preservatives	Pasteurized Lemon Juice Concentrate
Natural and Artificial Flavors	FD&C Red #40	
Orange Passion Fruit		
High Fructose Corn Syrup	Pasteurized Orange Juice Concentrate	Pasteurized Passion Fruit Juice Concentrate
Natural and Artificial Flavors	Citric Acid	Sodium Benzoate
Potassium Sorbate	Sodium Metabisulfite as preservatives	Ascorbic Acid (Vitamin C)
Xanthan Gum	FD&C Yellow #5.	
Cranberry		
High Fructose Corn Syrup	Filtered Water	Pasteurized Cranberry Juice Concentrate
Citric Acid	Ascorbic Acid (Vitamin C)	Natural and Artificial Flavors
Sodium Benzoate	Potassium Sorbate	Sodium Metabisulfite

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