

Old Lahaina Luau's Cold Buffet Ingredients List

updated 08/10/09

Ahi Poke		
Ahi Poke	Caramel Color	Carmel Coloring
Filtered Woodsmoke (to promote color retention)	Sodium Benzoate	Sodium Benzoate
Aloha Soy Sauce:	Kikkoman Soy Sauce:	Hawaiian Salt:
Water	Water	Medium Solar Salt Kiln Dried
Wheat Gluten	Wheat Gluten	Ogo (seaweed)
Soybean	Soy Bean	Green Onions
Salt	Salt	Round Onions
Poi		
Poi:		
Taro Root		
Water		
Lomi Lomi Salmon		
Tomato	Salmon:	Water
Round Onions	Premium Salmon	
Green Onions	Salt	
Banana Bread		
Granulated Sugar	Cotton Seed Oil	Baking Powder
Salt	Banana Extract	Macadamia Nuts
Baking Soda	Vanilla	Ethyl Vacillin
Cinnamon	Cinnnamon	Potassium Sorbate
Banana Puree	Flour	Caramel Color
Eggs	Powdered Milk	
Fresh Island Fruits		
Pineapples		
Water Melon		
Papaya		
sesonal fruits (mangos)		
Strawberries		
Pohole Salad		
Pohole Fern (Fiddlehead)	Pure Sesameseed Oil:	Caramel Color
Tomato	Toasted Sesameseeds	Sodium Benzoate
Round Onions	Aloha Soy Sauce:	Sodium
Ginger	Water	Wheat Gluten
	Salt	Soybean
Island Crab Salad		
Shrimp	Sorbitolemodified Food Starch	Soybean Oil
Petite Peas	Salt	Whole Eggs
Water Chestnuts	Soy Bean Oil	Egg Yolks
Tarragon	Snow Crab	Water
Black Pepper	Natural and Artificial Flavors	Vinegar
Imitation Crab:	Sodium	Salt
Fish Protein	Tripoly Phosphate	Sugar
Pollack	Mirin Wine	Lemon Juice
Cod	Paprika	Calcium Disodium Edta
Wheat Starch and Gluten	Mayonnaise:	Natural Flavors
Tako Poke		
Aloha Soy Sauce:	Sodium	Pure Sesame Seed Oil:
Water	Wheat Gluten	Toasted Sesameseeds
Salt	Soybean	White Sesame Seeds
Caramel Color	Tomatoes	Green Onions
Sodium Benzoate	Cucumbers	Tako (Octopus)
Tossed Greens		
Red Leaf Lettuce	Maui onion Dressing	Dijon Musturd
Mesclun Greens	Frehs maui onions	Musturd seed
Red Cabbage	Salt	White line 7%
Carrots	Black pepper, ground	Vinegar
Cucumbers	Sugar	Musturd Spices
Tomato	Canola oil	Citric Acid
	Apple Cide Vinegar	Tartaric Acid
	Made from Juice of Apples	Salt
	Dilute with water to a uniform piceling	Sugar
	and table strength of 4%	
	(40 grain) Acidity	
Taro Croutons		
Taro Bread	Salt	Artificial Flavor
Margarine Blend:	Whey Solids	Beta Carotene
Liquid & Partially Hydrogenated Soy Bean Oil	Soy Lecithin	Vitamin A Palmitate
Butter	Vegetable Mono & Diglycerides	Tarragon
Water	Sodium Benzoate	Garlic Salt

Old Lahaina Luau's Hot Buffet Ingredients List

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Maui Style Mahi Mahi		
Unsalted Butter:	Heavy Whipping Cream:	Food Thickener:
Pasteurized Cream	Heavy Cream	Modified Food
Natural Flavors	Mono and Diglycerides	Starch (Maize)
Lilikoi (Passion Fruit):	Polysorbate 80	Maltodextrin
Passion Fruit Pulp	Carrageenan	Green Onions
Passion Fruit Juice	Salt	Red Bell Peppers
Sugar Water	Black Pepper	Black Sesame seeds
Mangoes	Mahi Mahi	
Pulehu Steak		
Flat Iron Steak	Yamasa Soy Sauce:	Green Onions
Hawaiian Salt	Water	Corn Starch
Black Pepper	Wheat	Garlic
Teriyaki Glaze:	Soybeans	Ginger
White Sugar	Sea Salt	
Brown Sugar	Sodium Benzoate	
Chicken Long Rice		
Long Rice (Rice Bean)	Chicken Base:	Maltodextrin
Potato Starch	Roasted Chicken Meat	Autolyzed Yeast Extract
Water	Chicken Broth	Onion Powder
Chicken	Salt	Disodium Inosinate
Ginger	Hydrolyzed Corn and Wheat Gluten	Disodium Guanylate
Bay Leaf	Soy Protein	Turmeric
Green Onions	Sugar	Natural Flavoring
Round Onions	Dried Whey	Annatto
Kalua Pua'a		
Pork	Sugar	Turmeric
Chicken Base:	Dry Whey	Natural and Artificial Flavors
Roasted Chicken Meat	Maltodextrin	Annatto
Chicken Broth	Autolyzed Yeast Extract	Hawaiian Salt:
Salt	Disodium Inosinate	Medium Solar Salt Kiln Dried
Hydrolyzed Corn and Wheat Gluten	Onion Powder	
Soy Protein	Disodium Guanylate	
Lau Lau		
Pork	Medium Solar Salt Kiln Dried	T-Leaf
Hawaiian Salt:	Taro Leaf	
Island Style Chicken		
Chicken	Oyster Sauce:	Citric Acid
Pineapples	Water	Ketchup:
Green Onions	Sugar	Tomato Concentrate From Ripe Tomato
Aloha Soy Sauce:	Salt	Distilled Vinegar
Water	Oyster extractives	High Fructose Corn Syrup
Wheat Gluten	Cornstarch	Corn Syrup
Soybean	Modified Hidrolysed	Salt
Salt	Soy Protein	Spice
Caramel Color	Color Caramel	Natural Flovoring
Sodium Benzoate	E150	Onion Powder
Sodium	Salt:	Chinese Five Spice:
White Sugar	Dextrose	Cinnamon
Guava Concentrate:	Potassium	Cloves
Guava	Iodide 0.006	Fennel
Water	Sodium	Star Anise
Sugar	Bicarbonate OF Soda	Szechuan Peppercorns
Citric Acid	Minced Garlic:	Roasted Sesame Seeds
Vitamin C	Soy Bean Oil	
Artificial Coloring	Olive Oil	
Local-Style Fried Rice		
Rice	Liquid Eggs:	Oyster Sauce:
Peas	Whole Eggs	Water
Carrots	Citric Acid	Sugar
Soy Bean Oil	Yamasa Soy Sauce:	Salt
Black Pepper	Water	Oyster extractives
	Wheat	Cornstarch
	Soybeans	Modified Hidrolysed
	Sea Salt	Soy Protein
	Sodium Benzoate	Color Caramel
		E150

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Stir Fry Veggies		
Yellow Squash	Parsly Flakes	
Zucchini		
Broccoli		
Baby Corn		
Round Onion		
Red Bell Pepper		
Baby Carrots		
Sweet Potato		
Sweet Potato	Coconut Milk:	White Sugar
Toasted Coconut Flakes:	Coconut Extract	
Desicated Coconut	Water	
Sodium Metabisulfite	Citric Acid	
	Sodium Metabisulfite	
Taro Salad		
Taro	Coconut Milk:	Citric Acid
Spinach	Coconut Extract	Sodium Metabisulfite
Granulated Sugar	Water	
Taro Roll		
Wheat Flour	Folic Acid	Soy Oil
Enriched Wheat Flour	Water	Ascorbic Acid
Malted Barley Flour	Fructose	Natural Enzymes
Niacin	Taro Root	Salt
Iron	Dough Conditioner	Yeast
Thiamin Mononitrate	Dextrose	Red 40 & 3
Riboflavin	Datem	Blue 1
Ascorbic Acid	Wheat Flour	
Soft Roll		
Wheat Flour	Folic Acid	Wheat Flour
Enriched Wheat Flour	Water	Soy Oil
Malted Barley Flour	Fructose	Ascorbic Acid
Niacin	Non Fat Dry Milk	Natural Enzymes
Iron	Yeast	Salt
Thiamin Mononitrate	Dough Conditioner	
Riboflavin	Dextrose	
Ascorbic Acid	Datem	
Guava Honey Butter		
Guava Concentrate:	Citric Acid	Unsalted Butter:
Guava	Vitamin C	Pasteurized Cream
Water	Artificial Coloring	Natural Flavors
Sugar	Honey	

Old Lahaina Luau's Dessert Ingredients List

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<i>Haupia</i>		
Coconut Milk:	Citric Acid	White Sugar
Coconut Extract	Sodium Metabisulfite	Cornstarch
Water	Water	
<i>Lilikoi Mousse</i>		
Passion Fruit Concentrate	Palm Kernel Oil	Sodium Citrate
Sugar	High Fructose Corn Syrup	Soy Lecithin
Water	Partially Hydrogenated Coconut Oil	Xanthan Gum
riches whip topping	Carbohydrate Gum	Natural Flavor
Non Dairy Whipped Topping	Polyglycerol	Artificial Flavor colored with Turmeric
Water	Esters of Fatty Acids	Amato Extracts
Partially Hydrogenated	Disodium Phosphate	
<i>Chocolate Cups for Lilikoi Mousse</i>		
cocoa mass	cocoa butter	may contain traces of milk protein
sugar	soy lecithin	
<i>Macnut Tart</i>		
granulated sugar	vitamin A	cottonseed oil
brown sugar	Whole Eggs	soybean
Karo Corn Syrup:	Cornstarch	water
Light Corn Syrup	Macadamia Nuts	sugar
High Fructose Corn Syrup	Water	icing sugar
Salt	Powdered Sugar:	dextrose
Vanilla	Sugar	baking soda
Butter:	Corn Starch	monocalcium phosphate
liquid and partially hydrogenated soybean oil	Tart Shells:	salt
water	enriched wheat flour	whey
salt	niacin	calcium propionate
whey solids	iron	color yellow #5 red #40 blue #2
soy lecithin	thiamine	citric acid
vegetable mono and diglycerides	mononitrate	Sodium Benzoate
sodium benzoate	riboflavin	sodium metabisulfite
artificial flavor	folic acid	
beta carotene	hydrogenated vegetable oil	
<i>Ganache for Brownies</i>		
semper swedish chocolate coating	lecithin	mono and diglycerides
sugar	sorbitan monostearate	polysorbate 80
vegetable oil	artificial flavor	carrageenan
cocoa powder	heavy cream	
<i>Brownie</i>		
Brownie Mix:	Salt Artificial Flavor	Light Corn Syrup
Sugar	Caramel Color	High Fructose Corn Syrup
Bleached Wheat	Soy Bean Lecithin	Salt
Flour - Partially Hydrogenated	Leavening FD&C	Vanilla
Soybean Oil	Red 40	Salt
Cocoa	Butter	Whole Eggs
Corn Syrup	Macadamia Nuts	
Egg Whites	Karo Corn Syrup	

Old Lahaina Luau's Cocktail Ingredients List

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Strawberry Frosted Cocktail		
Pasteurized Strawberry Puree;	High Fructose Corn Syrup;	Filtered Water;
Citric Acid; Sodium Benzoate, Potassium Sorbate, and Sodium Metabisulfite as preservatives		
Pasteurized Lemon Juice Concentrate	Natural and Artificial Flavors	FD&C Red #40.
Cranberry 5% Cocktail		
High Fructose Corn Syrup	Filtered Water	Pasteurized Cranberry Juice Concentrate (W.O.N.F.)
Citric Acid	Artificial Flavors	Benzoate of Soda
Potassium Sorbate	Sodium Metabisulfite as preservatives	
Lemonade		
High Fructose Corn Syrup	Filtered Water	Pasteurized Lemon Juice Concentrate
Citric Acid	Natural and Artificial Flavors	Benzoate of Soda as a preservative
FD&C Yellow #5		
Mai Tai		
High Fructose Corn Syrup	Filtered Water;	Natural and Artificial Flavors
Citric Acid	Sodium Benzoate	Sodium Metabisulfite as preservatives
Sodium Saccharin	Glycerol Abietate	FD&C Yellow #5
Guava		
High Fructose Corn Syrup	Filtered Water	Guava Puree
Citric Acid	Xanthan Gum	Natural and Artificial Flavors
Contains less than 2% of: Artificial Color, and Sodium Benzoate, Potassium Sorbate, and Sodium Metabisulfite as preservatives		
Pineapple Juice		
Pasteurized Pineapple Juice Concentrate	High Fructose Corn Syrup	Filtered Water
Citric Acid	Ascorbic Acid (Vitamin C)	Sodium Benzoate
Potassium Sorbate and Sodium Metabisulfite as preservatives		Xanthan Gum
Natural and Artificial Flavors		
Pina Colada		
High Fructose Corn Syrup	Pasteurized Pineapple Juice Concentrate	Filtered Water
Natural and Artificial Flavors	Propylene Glycol	Xanthan Gum
Citric Acid	Titanium Dioxide	Sodium Benzoate
Potassium Sorbate	Sodium Metabisulfite as preservatives	

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